



Team Phoenix Aquatics

Rising Star Parents:

*Thank You for being a part of the **Rising Star** Learn-to-Swim Program. The program runs over an 8 week period, meeting two times per week. Your swimmer will be working 1-on-1 or 2-on-1 with the Program Directors and **Rising Star** instructors. The **Rising Star** station approach will be used in conjunction with a few trade secrets we have learned over the last 27 years of learn to swim programming.*

Here are some of the concepts and philosophy's of our unique learn-to-swim program

- ☆ *Our Program Director's and coaches are continually stressing safety techniques, teaching skills and drills related to newly learned strokes, demonstrating both physically and verbally time and time again.*
- ☆ *Each Station has a set of objectives that are abbreviated on the back of each swimmers certificate. For a more detailed explanation of specific station objectives, just ask the Program Director.*
- ☆ *After 27 years of learn-to-swim programming, we feel the 1-on-1 approach offers the greatest benefit to swimmer and parent in terms of skills learned and money spent.*
- ☆ *Each swimmer is progressed at his/her own ability level, allowing maximum retention of swimming skills and techniques. Please do not compare or rate your child's performance or ability levels with that of other swimmers in the program.*

*One last comment... We feel being able to swim 30 feet or feeling comfortable in a pool with a **Rising Star** coach or Program Director alongside, does not mean a swimmer is "safe in the water". It takes time and practice to build endurance and accomplish the necessary techniques to be able to feel "safe" in a water environment that is properly supervised.*

*Swimcerely,
The Program Directors-Rising Star Learn To Swim*